



Litunga
Benefit Option Summary



We're about you

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Disclaimer

The new benefits, contributions and rules of NHP for 2019, as approved by the Fund's Board of Trustees, are subject to final approval by the Registrar of Medical Aid Funds/NAMFISA. Members are advised that the new benefits and contributions will only become effective on 1 January 2019 (and only after approval by the Registrar of Medical Aid funds/NAMFISA), despite possible dissemination of revised information to the market before the effective date.

Should any proposed changes to benefits and contributions not be approved, members will be informed accordingly.

Errors and omissions excepted (E&OE). Whilst every care has been taken to ensure that the information in this document is correct, errors and omissions may occur and the Fund cannot be held accountable for any reliance placed on the information contained herein. The Fund's Client Services, tel 061 285 5400 may be contacted to confirm any information contained in the guide.



Diamond Award 2010 to 2018
(1st overall) Leaders and Achievers

Administered by

A Member of AfroCentric Group



Major Medical



1. Back & Neck Rehabilitation

You are covered for neck and back rehabilitation at Namibia Health Risk Solutions (NHRS) but it has to first be approved by NHP.

Day-to-Day



1. Doctors

You can go see a doctor only once a day, during normal working hours of 8am to 5pm for treatment, but you can only go see certain doctors who work together with NHP.



2. Medicine and injections

You can get medicine if you are sick and you can get medicine that you have to take for a long time.



3. Dentist

You can go get your teeth cleaned, pulled out and checked and you can get false teeth if you need them.



4. X-rays

Your doctor has to send you for certain x-rays, but first you have to get it approved by NHP.

Day-to-Day continue



5. Blood tests

Your doctor has to send you for certain blood tests, but first you have to get it approved by NHP.



6. Eyes

You can go get your eyes checked and get glasses if you need them; the frames of the glasses can be changed every 2 years. When you join NHP, you cannot claim for glasses for the first 6 months.



7. Mother and child services

Women can get birth control tablets or injection, but first you have to get it approved by NHP. Babies and children can get their yearly injections, but you can only go see certain doctors who work together with NHP.



8. HIV/Aids

If you are HIV positive, join the Aid for Aids (AfA) Programme. There are people who will help you get medicine and look after you.

Day-to-Day benefits: Expense limit per category - DSP only

		NAMAF tariff or % thereof	Principal member	Per additional beneficiary	Per family	Condition
Out-of-hospital: Sub-limit					Unlimited	
1.	Doctors and specialists					DSP
1.1	Consultations and visits: Obtained from certain doctors, during normal working hours - N\$15 per visit	100%				
1.1.1	Nurse: N\$15 per visit: New conditions					
1.1.2	General practitioner: Unlimited consultations at certain doctors - N\$15 per visit: New conditions				340 per visit	
1.1.3	Medical specialist - Upon referral from doctor: N\$15 per visit	No benefit				
1.1.4	Medical specialist: Travel assistance benefit - Windhoek or Swakopmund	No benefit				
1.2	Out-of-hospital services	100%				
1.3	Limited to 2 after-hour consultations at certain doctors: Per family per year	No benefit				
2.	Medicine and injections				Unlimited	DSP
2.1	Acute medicine					
2.1.1	As dispensed or prescribed by certain doctors and pharmacies	100%				205 per script
2.1.2	Self medication: Over-the-counter	No benefit				
2.2	Chronic medicine					
2.2.1	Chronic medicine: Dispensed: Subject to prior registration	100%			2,730	
2.3	Antiretroviral therapy: Dispensed - Patient needs to enrol in the AfA Programme	100%				
3.	Primary Care dentistry: N\$15 per visit - New conditions		1,590		3,170	DSP
3.1	Subject to the use of certain dentists: According to a list of approved dental codes	100%				
3.1.1	Consultations, primary extractions, fillings level 1 to 3, fluoride treatment, instructions on oral hygiene scaling and polishing					
3.1.2	Plastic dentures: Limited to 1 set per family per 24 months					
3.1.3	Surgical removal of teeth, root canal treatment and dentures: Subject to pre-authorisation					
3.2	Specialised dentistry	No benefit				
4.	Radiology				Unlimited	DSP
4.1	Black and white x-rays as requested by certain doctors: According to a list of approved radiology codes	100%				
5.	Pathology				Unlimited	DSP
5.1	Basic blood tests as requested by certain doctors: According to a list of approved pathology codes	100%				
6.	Optical: N\$15 per visit - New conditions				930	DSP
6.1	Optical test	100%				Limited to 90
6.2	Spectacles and lenses: Limited to 1 pair of glasses per family per 24 months - When joining NHP, you cannot claim for glasses for the first 6 months	100%				Claim limited to 835
7.	Mother and child healthcare services					DSP
7.1	Family planning, immunisation	100%				
8.	Counselling and health education					DSP
8.1	Instruction of prevention of certain illnesses, oral hygiene, poisons, HIV/AIDS, etc.	100%				
9.	Specified illness conditions					DSP
9.1	HIV/AIDS: Aids and HIV Positivity, Pathology, HIV counselling and testing, Prophylactic medicine for prevention of HIV virus, transmission in the case of needle-prick, rape or infection of mother (mother-to-child prevention)	100%			Unlimited	
9.2	Sexually transmitted diseases	100%			1,370	
10.	Rehabilitation: Alcohol and drug addiction or abuse	100%			1,370	DSP

Contribution tables

Employer group rates				Individual rates			
Age	Principal	Adult/Spec dep	Child dep	Age	Principal	Adult/Spec dep	Child dep
0-25	201	171	82	0-25	240	200	97
26-30	213	176	82	26-30	247	210	97
31-35	225	182	82	31-35	267	215	97
36-40	235	194	82	36-40	279	226	97
41-45	244	199	82	41-45	292	240	97
46-50	256	205	82	46-50	306	251	97
51-55	264	214	82	51-55	317	265	97
56-60	267	231	82	56-60	321	283	97
61-65	287	244	82	61-65	348	298	97
66+	310	262	82	66+	371	328	97

OAL = Overall Annual Limit
 SPA = Subject to pre-authorisation
 DBC = Document Based Care
 DSP = Designated service providers
 Spec dep = Special dependant

Spec dep = Special dependant

Designated Service Provider List

City/Town	Name	Contact detail
Arandis	Arandis Family Practice	(064) 510 168
Aranos	Dr Grevelink	(063) 272 085
Eenhana	Dr Ogundiran	(065) 263 890
Gobabis	Drs Opperman, Rudolph and Barnard	(062) 563 111
Gobabis	Omaheke Medical Practice	(062) 562 084
Gobabis	Vineta Medical Practice	(062) 565 762
Grootfontein	Grootfontein Family Practice	(067) 243 198
Grootfontein	Medi-Care Surgery	(067) 240 330
Henties Bay	Benguala Medical Centre	(064) 500 423
Karasburg	Dr Burger	(063) 270 952
Karasburg	Dr Von Schaurth	(063) 270 030
Karibib	Daco Medical Services cc	(064) 550 600
Katima Mulilo	Enkehaus Medical Centre	(066) 254 071
Katima Mulilo	Goodhealth Medical Centre	(066) 253 445
Katima Mulilo	Katima Medical Practice	(066) 252 418
Katima Mulilo	Mabhena t/a Riverside Medical Practice	(066) 252 966
KHORIXAS	Khorixas Consulting Room	
Keetmanshoop	Drs Coetzee & Groenewald	(063) 223 254
Lüderitz	Drs Marais & Petzer	(063) 202 515
Mariental	Scheepers & Partners	(063) 242 391
Ohangwena	Dr Alagba	(065) 260 048
Okahandja	Okahandja Medical Practice	(062) 501 078
Okahandja	Oyeto Clinic	(062) 500 417
Okahao	Okahao Medical Clinic	(065) 252 188
Okakarara	Okakarara Medical Practice	(067) 317 453
Omaruru	Drs Craven en Beutel	(064) 570 033
Omaruru	Wellcare Medical Practice - Omaruru	(064) 571 159
Omuthiya	Northlands Medical Clinic Omuthiya	(065) 244 120
Ondangwa	Chiwira t/a TMBC Medical Service cc	(065) 240 198
Ondangwa	D & H Medical Clinic	(065) 246 279
Ondangwa	Dr Lwande	(065) 246 266
Ondangwa	Dr Mukondomi	(065) 248 115
Ondangwa	Dr Musweu	(065) 240 056
Ondangwa	Dr Serebe	(065) 241 577
Ondangwa	Forsure Health Private Practice	(065) 240 283
Ondangwa	Northlands Medical Polyclinic	(065) 241 120
Ondangwa	Northlands Medical Polyclinic 24 hours	(065) 244 120
Ondangwa	Ondangwa Medical Centre	(065) 241 884
Ondangwa	Outapi Medical Centre Number Two	(065) 240 206
Ondangwa	Northcote Medical Services	(065) 256 266
Ondangwa	Outapi Medical Centre	(065) 251 224
Ongwediva	Dr Moyo	(065) 232 911
Ongwediva	Maha Primary Health Clinic	(065) 230 127
Ongwediva	Maha Primary Health Clinic	(065) 231 138
Ongwediva	Northern Vision Centre cc	(065) 238 816
Ongwediva	Unicare Clinic cc	(065) 222 099
Opuwo	Dr Uirab	(065) 273 371
Opuwo	Northlands Medical Practice	(065) 273 648
Oranjemund	Dr Chimfwembe	(063) 238 000
Oranjemund	Dr Chimfwembe	(063) 238 002
Oranjemund	Namdeb Hospital	(063) 238 000
Oshakati	Outap Medical Centre Number One	(065) 224 098
Oshakati	Beta Medical Centre	(065) 224 098
Oshakati	Dr Gouda	(065) 221 616
Oshakati	Dr Mendes	(065) 224 445

City/Town	Name	Contact detail
Oshakati	Machin Family Consulting Room	(065) 222 018
Oshakati	Medical Clinic Oshakati	(065) 220 958
Oshakati	Northern Medical Centre	(065) 224 369
Oshakati	Omagano Medical Centre	(065) 230 329
Oshakati	UNI-Care Clinic cc	(065) 222 099
Oshikango	Dr Alagba	(065) 264 693
Oshikango	Dr Madusise	(065) 265 106
Otavi	Dr Boshoff	(067) 234 2722
Otjiwarongo	Dr Nkowane	(067) 304 140
Otjiwarongo	Ensidano Medical Practice	(067) 303 668
Otjiwarongo	Otjimed Surgery	(067) 304 135
Otjiwarongo	St Bernard Medical Practice	(067) 304 705
Otjiwarongo	Tumba Lutumba	(067) 304 380
Outapi	Outapi Clinic	(065) 251 698
Outapi	Outapi Medical Centre	(065) 251 224
Outjo	Dr Kessler	(067) 313 123
Rehoboth	Bains Medical Centre	(062) 522 184
Rehoboth	Dr de Klerk	(062) 523 190
Rehoboth	Dr Manyere	(062) 522 006
Rehoboth	Dr Mpofo	(062) 525 375
Rehoboth	Dr van Wyk	(062) 522 628
Rehoboth	Dr Varghese	(062) 523 333
Rehoboth	Dr Witbooi	(062) 524 107
Rehoboth	Rehoboth Reho Clinic	(062) 525 265
Rosh Pinah	Dr Roux	(063) 274 911
Rosh Pinah	Sidada Clinic	(063) 274 911
Rosh Pinah	Tamar Health t/a Rosh Care Clinic	(063) 274 911
Ruacana	Ruacana Medical Centre	(065) 270 021
Rundu	Dr Ndoukve	(066) 256 030
Rundu	HZH Private Clinic	(066) 256 768
Rundu	Medical Practitioners Surgery	(066) 256 176
Rundu	Outapi Medical Centre Number Three	(065) 270 021
Rundu	Rundu Medical Complex	(066) 255 331
Rundu	Rundu Medical Practice	(066) 267 233
Rundu	Shemoun Medical Day Care Centre	(066) 255 467
Stampriet	Dr Dreyer	(063) 260 020
Swakopmund	Cottage Family Centre	(064) 465 000
Swakopmund	Dr Jordaan	(064) 404 500
Swakopmund	Khomas Medical Centre-Mondesa	(064) 425 800
Swakopmund	Dr Koster	(064) 462 838
Swakopmund	Dr Redman	(064) 404 080
Swakopmund	Dr Schickerling	(064) 419 000
Swakopmund	Dr van Wyk	(064) 429 000
Swakopmund	Drs van der Linde & Partners	(064) 405 833
Swakopmund	Mondesa Medical Practice	(064) 461 939
Tsumeb	Alpha Clinic CC Tsumeb	(067) 222 012
Tsumeb	Dr O'Kennedy Nel	(067) 221 530
Tsumeb	Ocuare Namibia Tsumeb	(067) 227 734
Tsumeb	Tsumeb Family practice	(067) 222 400
Walvis Bay	Betacare Medical Centre	(064) 205 527
Walvis Bay	Dolphin Medical Centre	(064) 200 800
Walvis Bay	Dr Blazic	(064) 204 809
Walvis Bay	Dr Georgiev	(064) 270 210
Walvis Bay	Dr Kock	(064) 205 118
Walvis Bay	Dr Sanyauke	(064) 204 705
Walvis Bay	Dr van Zyl	(064) 202 912
Walvis Bay	Express Health Care	(064) 205 339
Walvis Bay	Narraville Medical Practice	(064)221530

Designated Service Provider List - continue

City/Town	Name	Contact detail
Walvis Bay	Hope Medical Centre	(064) 204 705
Windhoek	Agora Medical Practice	(061) 309 654
Windhoek	Aneni Health Services	(061) 212 696
Windhoek	Betesda Medical Centre	(061) 278 900
Windhoek	Central Clinic	(061) 309 636
Windhoek	Central Family Practice	(061) 241 150
Windhoek	City Medical Centre	(061) 222 803
Windhoek	De Villiers t/a Namibia Aesthetics and General Medical Practice	(061) 402 807
Windhoek	Diaz Bros Health Centre cc	(061) 239 539
Windhoek	Dr Agnew	(061) 245 999
Windhoek	Dr Amuntela	(061) 304 410
Windhoek	Dr Chidzoba	(061) 271 200
Windhoek	Dr Chinyoka	(061) 210 157
Windhoek	Dr Coetzee	(061) 235 490
Windhoek	Dr De Klerk	(061) 236 976
Windhoek	Dr Engelbrecht	(061) 247 609
Windhoek	Dr Erkana	(061) 227 173
Windhoek	Dr Fawzy & Partner	(061) 272 200
Windhoek	Dr Florek	(061) 254 787
Windhoek	Dr Feris	(061) 234 161
Windhoek	Dr Gadalla	(061) 301 316
Windhoek	Dr Gawachab	(061) 229 482
Windhoek	Dr Harases-Kankondi	(061) 260 660
Windhoek	Dr Hoffmann	(061) 400 082
Windhoek	Dr Kakumai	(060) 801 7297
Windhoek	Dr Karamata	(061) 255 330
Windhoek	Dr Katumwa	(061) 211 917
Windhoek	Dr Le Grange	(061) 246 446
Windhoek	Dr Mannschatz	(061) 231 2256
Windhoek	Dr Maritz	(061) 245 729
Windhoek	Dr Mbeseni	(061) 371 700
Windhoek	Dr Nwagboso	(061) 272 388
Windhoek	Dr Nyatondo	(061) 256 114
Windhoek	Dr Ogbonna	(061) 258 916
Windhoek	Dr Scriba	(061) 235 805
Windhoek	Dr Shongolo	(061) 214 423
Windhoek	Dr Solomon	(061) 211 097
Windhoek	Dr Tembo	(061) 305 275

City/Town	Name	Contact detail
Windhoek	Dr Troskie	(061) 224 586
Windhoek	Dr Uddin	(061) 261 170
Windhoek	Dr Uirab	(061) 269 971
Windhoek	Dr van Zyl	(061) 236 553
Windhoek	Dr Viljoen	(061) 222 253
Windhoek	Dr Weber	(061) 302 888
Windhoek	Dr Weder	(061) 263 315
Windhoek	Dr Zimba	(061) 308 626
Windhoek	DTR Uddis Medical Practitioner Swamed	(061) 258 033
Windhoek	Eastgate Medical Centre	(061) 229 210
Windhoek	Eastgate Town Practice	(061) 308 249
Windhoek	Kaoko Medical Practice	(061) 304 349
Windhoek	Khomas Medical Centre Aus Hill Consulting Room	(061) 271 350
Windhoek	Khomas Medical Centre Carl List Mall	(061) 222 513
Windhoek	Khomas Medical Centre - Olympia	(061) 422 000
Windhoek	Khomas Medical Centre - B1	(061) 444 800
Windhoek	Khomas Medical Services	(061) 385 600
Windhoek	Khomas Medical Services - Sanderson	(061) 211 138
Windhoek	Macmed Medical Clinic	(061) 255 180
Windhoek	Madjarov t/a Dr Angelos Practice	(061) 245 719
Windhoek	Maerua Medical Centre	(061) 226 632
Windhoek	Mawire t/a Kaoko Medical Practice	(061) 400 739
Windhoek	Namibia Health Clinics Park	(061) 263 203
Windhoek	Nesha Medical Practice	(061) 220 772
Windhoek	Nusmile Dental Clinic	(061) 633 2542
Windhoek	Nyathi t/a Maerua Medical Centre	(061) 305 772
Windhoek	Ombili Central Clinic	(061) 308 905
Windhoek	Palm Valley Medical Centre	(061) 227 893
Windhoek	Prolen Medical Practice	(061) 302 013
Windhoek	Wanaheda Medical Centre	(061) 210 255
Windhoek	Wellcare Medical Practice - Werhill	(061) 225 110
Windhoek	Wellness Medical Centre cc	(061) 261 176
Windhoek	Western medical practice	081 662 1005
Windhoek	Whk Emergency Care & Trauma Ctr	(061) 239 261
Windhoek	Windhoek Family Practice	(061) 229 628

Pathology codes payable

Tariff code	Description
53709	Antiglobulin test (Coombs` or trypsinized red cells)
53743	Erythrocyte sedimentation rate
53755	Full blood count (including items 53739, 53762, 53783, 53785, 53791)
53762	Haemoglobin estimation
53764	Grouping: A B and O antigens
53765	Grouping: Rh antigens
53783	Leucocyte differential count
53785	Leucocytes: total count
53791	Packed cell volume: Haematocrit
53797	Platelet count
53805	Prothrombin index
53816	T and B-cells EAC markers (per marker)
53865	Parasites in blood smear
53867	Miscellaneous (body fluids urine exudate fungi pus scraping, etc)
53869	Faeces (including parasites)
53881	Mycobacteria
53887	Antibiotic susceptibility test: per organism
53893	Bacteriological culture: miscellaneous
53922	Viable cell count
53923	Biochemical identification of bacterium: abridged
53932	Antibodies to human immunodeficiency virus (HIV): ELISA
53946	IgM: specific antibody titer: ELISA/EMIT: per Ag
53948	IgG: specific antibody titer: ELISA/EMIT: per Ag
53949	Qualitative Kahn, VDRL or other flocculation
53951	Quantitative Kahn, VDRL or other flocculation
53961	Slide agglutination test
53974	Polymerase chain reaction
53999	Albumin
54001	Alkaline phosphatase
54006	Amylase

Tariff code	Description
54009	Bilirubin: total
54010	Bilirubin: conjugated
54025	Chol/HDL/LDL/Trig
54026	LDL cholesterol (chemical determination)
54027	Cholesterol total
54028	HDL cholesterol
54032	Creatinine
54057	Glucose: Quantitative
54064	HbA1C (HPL Method)
54113	Potassium
54114	Sodium
54117	Protein: total
54130	Aspartate aminotransferase (AST)
54131	Alanine aminotransferase (ALT)
54133	Lactate dehydrogenase (LD)
54134	Gamma glutamyl transferase (GGT)
54147	Triglyceride
54151	Urea
54155	Uric acid
54171	Sodium + potassium + chloride + CO2 + urea
54188	Urine dipstick, per stick (irrespective of the number of tests on stick)
54450	HCG: Monoclonal immunological: Qualitative
54451	HCG: Monoclonal immunological: Quantitative
54482	Free thyroxine (FT4)
54507	Thyrotropin (TSH)
54531	Hepatitis: per antigen or antibody
54543	Collection material: per patient (not chargeable with any consultation item)
54566	Vaginal or cervical smears, each
53865	Parasites in blood smear
54117	Protein: total

Radiology codes payable

Tariff Code	Description
3615	Routine obstetric ultrasound 10 to 20 weeks
3617	Routine obstetric ultrasound at 20 to 24 weeks
10100	X-ray of the skull
11120	X-ray of the nasal bones
14100	X-ray of the mandible
20100	X-ray of soft tissue of the neck
30100	X-ray of the chest, single view
30110	X-ray of the chest two views, PA and lateral
30120	X-ray of the chest complete with additional views
30150	X-ray of the ribs
30155	X-ray of the chest and ribs
34100	X-ray mammography including ultrasound. Code 34100 may not be combined with 34205 when these two procedures are done in the same sitting. Code 34100 includes ultrasound. In this situation use code 80605 (fine needle aspiration) with 34100.
34101	X-Ray mammography unilateral, including Ultrasound
34110	X-ray mammography study for localisation
34120	X-ray stereotactic mammography ? localisation
34130	X-ray stereotactic mammography ? biopsy
34140	X-ray of biopsy specimen of the mamma
34200	Ultrasound study of the breast
40100	X-ray of the abdomen
40105	X-ray of the abdomen supine and erect, or decubitus
40110	X-ray of the abdomen multiple views including chest
40210	Ultrasound study of the whole abdomen including the pelvis
43250	Ultrasound study of the pregnant uterus, first trimester
43260	Ultrasound study of the pregnant uterus, second trimester
43270	Ultrasound study of the pregnant uterus, third trimester, first visit
51110	X-ray of the cervical spine, one or two views
51120	X-ray of the cervical spine, more than two views
53110	X-ray of the lumbar spine, one or two views
53120	X-ray of the lumbar spine, more than two views
55100	X-ray of the pelvis
56100	X-ray of the left hip
56110	X-ray of the right hip
56120	X-ray pelvis and hips
61100	X-ray of the left clavicle

Tariff Code	Description
61105	X-ray of the right clavicle
61110	X-ray of the left scapula
61115	X-ray of the right scapula
61120	X-ray of the left acromio-clavicular joint
61125	X-ray of the right acromio-clavicular joint
61130	X-ray of the left shoulder
61135	X-ray of the right shoulder
62100	X-ray of the left humerus
62105	X-ray of the right humerus
63100	X-ray of the left elbow
63105	X-ray of the right elbow
64100	X-ray of the left forearm
64105	X-ray of the right forearm
65100	X-ray of the left hand
65105	X-ray of the right hand
65120	X-ray of a finger
65130	X-ray of the left wrist
65135	X-ray of the right wrist
65140	X-ray of the left scaphoid
65145	X-ray of the right scaphoid
71100	X-ray of the left femur
71105	X-ray of the right femur
72100	X-ray of the left knee one or two views
72105	X-ray of the right knee one or two views
72110	X-ray of the left knee, more than two views
72115	X-ray of the right knee, more than two views
72120	X-ray of the left knee including patella
72125	X-ray of the right knee including patella
72150	X-ray both knees standing ? single view
73100	X-ray of the left lower leg
73105	X-ray of the right lower leg
74100	X-ray of the left ankle
74105	X-ray of the right ankle
74120	X-ray of the left foot
74125	X-ray of the right foot
74130	X-ray of the left calcaneus
74135	X-ray of the right calcaneus
74140	X-ray of both feet - standing - single view
74145	X-ray of a toe

Dental Practitioners

City/Town	Name	Contact detail	City/Town	Name	Contact detail
Gobabis	Dr Louw	(064) 562 691	Rehoboth	Dr Varghese	(062) 523 333
Gobabis	Universal Dental Practice (Dr Madusise)	(064) 565 770	Rosh Pinah	Dr Roux	(063) 274 911
Keetmanshoop	Dr Smith	(064) 226 155	Swakopmund	Streit T/A Coastal Dental Clinic Swakopmund	(064) 462 202
Mariental	Dr Roelofse	(064) 242 783	Swakopmund	Drs Van Der Linde & Partners	(064) 405 833
Ondangwa	BT Zulu Dental Care	(065) 246 224	Tsumeb	Dr Nel	(067) 221 530
Ondangwa	Drs Aluteni & Moloi & Zulu	(065) 273 603	Tsumeb	Tsumeb Dental	(067) 222 189
Ondangwa	JNS Shindongo TA Phina Dental Clinic	(065) 260 020	Walvis Bay	Dr Van Eyk	(064) 220 619
Ongwediva	Nusmile Dental Clinic	(062) 238 845	Walvis Bay	Dr Da Cock	(064) 205 118
Oshakati	Dr Ndakeva	(065) 224 232	Windhoek	Dr Timm	(061) 254 426
Oshakati	Dr Ndilenga	(065) 222 112	Windhoek	Dr Banda	(061) 227 173
Oshakati	Dr Madusise	(065) 265 106	Windhoek	Dr Kakumai	(081) 363 7344
Otavi /Tsumeb	Dr Dauramanzi	(067) 234 517	Windhoek	Dr Scriba	(061) 235 805
Oranjemund	Dr E Newaka	(063) 238 032	Windhoek	Dr Van Zyl	(061) 221 901
Otjiwarongo	Kathy`s Dental Surgery	(067) 304 274	Windhoek	Dr Scholtz	(061) 402 414
Otjiwarongo	Dr De Haast	(067) 303 131			

Dental Practitioner request codes payable

Tariff code	Description	Tariff code	Description
8101	Full mouth examination, charting and treatment planning (see Rule 001)	8231	Full upper and lower dentures inclusive of soft bases or metal bases, where applicable
8104	Examination or consultation for a specific problem not requiring full mouth examination, charting and treatment planning	8232	Full upper or lower dentures inclusive of soft base or metal base, where applicable
8107	Intra-oral radiographs, per film	8233	Partial denture, one tooth
8109	Infection control, per dentist, per hygienist, per dental assistant, per visit	8234	Partial denture, two teeth
8110	Provision of sterilised and wrapped instrumentation in consulting rooms. The use of this code is limited to heat, autoclave or vapour sterilised and wrapped instruments	8235	Partial denture, three teeth
8115	Extra-oral radiograph, per film (i.e. panoramic, cephalometric, PA)	8236	Partial denture, four teeth
8132	Gross pulpal debridement, primary and permanent teeth. Where Code 8132 is charged, no other endodontic codes may be charged at the same visit on the same tooth. Codes 8338, 8329, 8339 and 8340 (single visit) may be charged at the subsequent visit, even i	8237	Partial denture, five teeth
8133	Re-cementing of inlays, crowns or bridges - per abutment	8238	Partial denture, six teeth
8145	Local anaesthetic, per visit. Item 8145 includes the use of the Wand	8239	Partial denture, seven teeth
8151	Oral hygiene instructions	8240	Partial denture, eight teeth
8155	Polishing only (including removal of plaque) - complete dentition	8241	Partial denture, nine or more teeth
8159	Scaling and polishing	8307	Amputation of pulp (pulpotomy)
8161	Topical application of fluoride (prophylaxis excluded) - complete dentition (Excluding scaling and/or polishing)	8341	Amalgam - one surface
8167	Treatment of hypersensitive dentine, per visit	8342	Amalgam - two surfaces
8201	Single tooth	8343	Amalgam - three surfaces
8202	Each additional tooth in the same quadrant	8344	Amalgam - four or more surfaces
		8347	Pin retention for restoration, first pin
		8348	Pin retention for restoration, each additional pin
		8351	Resin - one surface, anterior
		8352	Resin - two surfaces, anterior
		8353	Resin - three surfaces, anterior
		8354	Resin - four or more surfaces, anterior
		8367	Resin - one surface, posterior
		8368	Resin - two surfaces, posterior
		8369	Resin - three surfaces, posterior
		8370	Resin - four or more surfaces, posterior

Dental Practitioner request codes payable (continue)

Tariff code	Description	Tariff code	Description
8935	Treatment of post-extraction septic socket where patient is referred by another registered person	9363	Set-up and waxing of three-tooth denture
9311	Trimming of supplied model, per model	9364	Set-up and waxing of four-tooth denture
9321	Occlusion block, per block	9365	Set-up and waxing of five-tooth denture
9323	Occlusion block on baseplate, per block	9366	Set-up and waxing of six-tooth denture
9327	Infection control per impression, denture (wax or acrylic) or any item in contact with body fluids	9367	Set-up and waxing of seven-tooth denture
9330	Delivery charge per procedure (maximum 4)	9368	Set-up and waxing of eight-tooth denture
9331	Full upper and lower dentures	9369	Set-up and waxing of nine or more tooth denture
9333	Full upper or lower denture	9371	Waxing and finishing of one-tooth denture
9335	Set up and waxing of full upper and lower dentures	9372	Waxing and finishing of two-tooth denture
9337	Set up and waxing of full upper or lower denture	9373	Waxing and finishing of three-tooth denture
9339	Waxing and finishing of full upper and lower dentures	9374	Waxing and finishing of four-tooth denture
9341	Waxing and finishing of full upper or lower denture	9375	Waxing and finishing of five-tooth denture
9343	Additional fee for dentures on fully adjustable articulator	9376	Waxing and finishing of six-tooth denture
9345	Additional fee for immediate dentures, or tooth socketed	9377	Waxing and finishing of seven-tooth denture
9346	Additional fee for immediate dentures, per tooth not socketed	9378	Waxing and finishing of eight-tooth denture
9347	Additional fee for each retry from the third and upwards at an agreed quantum of time to be calculated at hourly rate of:	9379	Waxing and finishing of nine or more tooth denture
9351	Set-up and finish of one-tooth denture	9419	Soft base to new denture, per denture. Excluding material
9352	Set-up and finish of two-tooth denture	9427	Mesh strengthener
9353	Set-up and finish of three-tooth denture	9431	Special tray acrylic, each
9354	Set-up and finish of four-tooth denture	9433	Special tray in base plat material, each
9355	Set-up and finish of five-tooth denture	9435	Provision of single arm clasp, to partial denture
9356	Set-up and finish of six-tooth denture	9437	Provision of double arm clasp, per partial denture
9357	Set-up and finish of seven-tooth denture	9439	Provision of single arm clasp with rest to partial denture
9358	Set-up and finish of eight-tooth denture	9441	Provision of double arm clasp with rest to partial denture
9359	Set-up and finish of nine or more tooth denture	9443	Provision of preformed Roach clasp to partial denture. Excluding material
9361	Set-up and waxing of one-tooth denture	9445	Provision of rest only to partial denture
9362	Set-up and waxing of two-tooth denture	9722	Acrylic per denture
		9729	Cost of mesh strengthener

Dental Therapist

City/Town	Name	Contact detail	City/Town	Name	Contact detail
Eenhana	Eenhana Dental Therapist	(064) 240 324	Ondangwa	Dr Nakambunda	(065) 241 444
Lüderitz	Lafrenz dental practice	(063) 204 201	Rehoboth	Rehoboth Oral Wise Dental Studio	(081) 282 5088
Okahandja	Gee Dental Surgery	(062) 500 183	Rundu	Lafrenz Dental Practice	(066) 255 096
Ondangwa	Smile Dental Practice	(065) 241 073			

Dental Therapist clinical request codes payable

Tariff code	Description	Tariff code	Description
95001	Full mouth examination, charting and treatment planning (See Rule 001).		
95004	Examination or consultation for a specific problem not requiring full mouth examination, charting and treatment planning.	95043	Local treatment of post-extraction bleeding per visit (excluding treatment in the case of blood dyscrasias, e.g. haemophilia) Only if a separate visit is needed after an extraction at a prior visit and as an isolated procedure where no other treatment is performed at the same visit
95005	Intra-oral radiographs, per film (Peri-apical, bitewing and occlusal).		Treatment of septic socket per visit. Only applicable if a separate visit is needed after the extraction on a prior date and as an isolated procedure where no other treatment is performed at the same visit
95009	Use of rubber gloves and masks as part of infection control, per dental therapist, per assistant, per visit.	95045	
95015	Scaling and Polishing	95051	Amalgam - one surface
95016	Polishing only	95052	Amalgam - two surfaces
95018	Fluoride treatment	95053	Amalgam - three surfaces
95020	Oral hygiene instructions	95054	Amalgam - four or more surfaces
95025	One tooth in a quadrant	95055	Resin - one surface anterior
95027	Two teeth in same quadrant	95056	Resin - two surfaces anterior
95029	Three teeth in same quadrant	95057	Resin - one surface posterior (Premolar or molar)
95031	Four teeth in same quadrant	95058	Resin - three surfaces posterior (Premolar or molar)
95033	Five teeth in same quadrant	95059	Resin - Four or more surfaces (Premolar or molar)
95035	Six teeth in same quadrant	95060	Resin - two surfaces posterior (Premolar or molar)
95037	Seven teeth in same quadrant	95061	Resin - three surfaces anterior
95039	Eight teeth in same quadrant	95063	Resin - four or more surfaces anterior
95040	Local anaesthetic, per visit	95064	Re-cementing of inlays, crowns or bridges - emergency procedure (On approval)
		95066	Provision of sterilised and wrapped instrumentation in consulting rooms (On approval)

Notes

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Notes

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NHP Contact Information

Get In touch



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 Corner of Grove and Orbitts Street
 Clive Ruppe
 Postal address PO Box 29054, Inverloch
 Operating hours Monday to Friday 0745 - 1700
 Saturday 0800 - 1300

Front desk - Dingleburn

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NHP emergency numbers

(Monday to Sunday until 2200)
 After hours 061 372 9910
 In-hospital 061 248 6498

Electrolink emergency medical assistance

E-Net Rescue 24 061 222 229
 LifeLink EMS 064 501 000

Branches



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 745 Independence Avenue

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Dedicated



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