



We're about you

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 fax 061 230 465
 email providers@nhp.com.na
 website www.nhp.com.na
 Unit 2, Demushuwa Suites, Corner of Grove and Ombika Street,
 Kleine Kuppe, Windhoek
 PO Box 23064, Windhoek, Namibia
 Reg No: MOHSS 003

Blue Diamond & Litunga

Designated service provider list



| City/Town | Name | Contact detail |
|---------------|--|----------------|
| Arandis | Arandis Family Practice | (064) 510 168 |
| Aranos | Dr Grevelink | (063) 272 085 |
| Eenhana | Dr Ogundiran | (065) 263 890 |
| Gobabis | Drs Opperman, Rudolph and Barnard | (062) 563 111 |
| Gobabis | Omaheke Medical Practice | (062) 562 084 |
| Gobabis | Vineta Medical Practice | (062) 565 762 |
| Grootfontein | Grootfontein Family Practice | (067) 243 198 |
| Grootfontein | Medi-Care Surgery | (067) 240 330 |
| Henties Bay | Benguala Medical Centre | (064) 500 423 |
| Karasburg | Dr Burger | (063) 270 952 |
| Karasburg | Dr Von Schaurath | (063) 270 030 |
| Karibib | Daco Medical Services cc | (064) 550 600 |
| Katima Mulilo | Enkehaus Medical Centre | (066) 254 071 |
| Katima Mulilo | Goodhealth Medical Centre | (066) 253 445 |
| Katima Mulilo | Katima Medical Practice | (066) 252 418 |
| Katima Mulilo | Mabhena t/a Riverside Medical Practice | (066) 252 966 |
| KHORIXAS | Khorixas Consulting Room | |
| Keetmanshoop | Drs Coetzee & Groenewald | (063) 223 254 |
| Lüderitz | Drs Marais & Petzer | (063) 202 515 |
| Mariental | Scheepers & Partners | (063) 242 391 |
| Ohangwena | Dr Alagba | (065) 260 048 |
| Okahandja | Okahandja Medical Practice | (062) 501 078 |
| Okahandja | Oyeto Clinic | (062) 500 417 |
| Okahao | Okahao Medical Clinic | (065) 252 188 |
| Okakarara | Okakarara Medical Practice | (067) 317 453 |
| Omaruru | Drs Craven en Beutel | (064) 570 033 |
| Omaruru | Wellcare Medical Practice - Omaruru | (064) 571 159 |
| Omuthiya | Northlands Medical Clinic Omuthiya | (065) 244 120 |
| Ondangwa | Chiwira t/a TMBC Medical Service cc | (065) 240 198 |
| Ondangwa | D & H Medical Clinic | (065) 246 279 |
| Ondangwa | Dr Lwande | (065) 246 266 |
| Ondangwa | Dr Mukondomi | (065) 248 115 |
| Ondangwa | Dr Musweu | (065) 240 056 |
| Ondangwa | Dr Serebe | (065) 241 577 |
| Ondangwa | Forsure Health Private Practice | (065) 240 283 |
| Ondangwa | Northlands Medical Polyclinic | (065) 241 120 |
| Ondangwa | Northlands Medical Polyclinic 24 hours | (065) 244 120 |
| Ondangwa | Ondangwa Medical Centre | (065) 241 884 |
| Ondangwa | Outapi Medical Centre Number Two | (065) 240 206 |
| Ondangwa | Northcote Medical Services | (065) 256 266 |
| Ondangwa | Outapi Medical Centre | (065) 251 224 |
| Ongwediva | Dr Moyo | (065) 232 911 |

| City/Town | Name | Contact detail |
|-------------|-----------------------------------|----------------|
| Ongwediva | Maha Primary Health Clinic | (065) 230 127 |
| Ongwediva | Maha Primary Health Clinic | (065) 231 138 |
| Ongwediva | Northern Vision Centre cc | (065) 238 816 |
| Ongwediva | Unicare Clinic cc | (065) 222 099 |
| Opuwo | Dr Uirab | (065) 273 371 |
| Opuwo | Northlands Medical Practice | (065) 273 648 |
| Oranjemund | Dr Chimfwembe | (063) 238 000 |
| Oranjemund | Dr Chimfwembe | (063) 238 002 |
| Oranjemund | Namdeb Hospital | (063) 238 000 |
| Oshakati | Outap Medical Centre Number One | (065) 224 098 |
| Oshakati | Beta Medical Centre | (065) 224 098 |
| Oshakati | Dr Gouda | (065) 221 616 |
| Oshakati | Dr Mendes | (065) 224 445 |
| Oshakati | Machin Family Consulting Room | (065) 222 018 |
| Oshakati | Medical Clinic Oshakati | (065) 220 958 |
| Oshakati | Northern Medical Centre | (065) 224 369 |
| Oshakati | Omagano Medical Centre | (065) 230 329 |
| Oshakati | UNI-Care Clinic cc | (065) 222 099 |
| Oshikango | Dr Alagba | (065) 264 693 |
| Oshikango | Dr Madusise | (065) 265 106 |
| Otavi | Dr Boshoff | (067) 234 2722 |
| Otjiwarongo | Dr Nkowane | (067) 304 140 |
| Otjiwarongo | Ensidano Medical Practice | (067) 303 668 |
| Otjiwarongo | Otjimed Surgery | (067) 304 135 |
| Otjiwarongo | St Bernard Medical Practice | (067) 304 705 |
| Otjiwarongo | Tumba Lutumba | (067) 304 380 |
| Outapi | Outapi Clinic | (065) 251 698 |
| Outapi | Outapi Medical Centre | (065) 251 224 |
| Outjo | Dr Kesslau | (067) 313 123 |
| Rehoboth | Bains Medical Centre | (062) 522 184 |
| Rehoboth | Dr de Klerk | (062) 523 190 |
| Rehoboth | Dr Manyere | (062) 522 006 |
| Rehoboth | Dr Mpofo | (062) 525 375 |
| Rehoboth | Dr Ndolo | (062) 524 935 |
| Rehoboth | Dr van Wyk | (062) 522 628 |
| Rehoboth | Dr Varghese | (062) 523 333 |
| Rehoboth | Dr Witbooi | (062) 524 107 |
| Rehoboth | Rehoboth Reho Clinic | (062) 525 265 |
| Rosh Pinah | Dr Roux | (063) 274 911 |
| Rosh Pinah | Sidada Clinic | (063) 274 911 |
| Rosh Pinah | Tamar Health t/a Rosh Care Clinic | (063) 274 911 |
| Ruacana | Ruacana Medical Centre | (065) 270 021 |
| Rundu | Dr Ndoukve | (066) 256 030 |
| Rundu | HZH Private Clinic | (066) 256 768 |
| Rundu | Medical Practitioners Surgery | (066) 256 176 |



| City/Town | Name | Contact detail |
|------------|---|----------------|
| Rundu | Outapi Medical Centre Number Three | (065) 270 021 |
| Rundu | Rundu Medical Complex | (066) 255 331 |
| Rundu | Rundu Medical Practice | (066) 267 233 |
| Rundu | Shemoun Medical Day Care Centre | (066) 255 467 |
| Stampriet | Dr Dreyer | (063) 260 020 |
| Swakopmund | Cottage Family Centre | (064) 465 000 |
| Swakopmund | Dr Jordaan | (064) 404 500 |
| Swakopmund | Khomas Medical Centre-Mondesa | (064) 425 800 |
| Swakopmund | Dr Koster | (064) 462 838 |
| Swakopmund | Dr Redman | (064) 404 080 |
| Swakopmund | Dr Schickerling | (064) 419 000 |
| Swakopmund | Dr van Wyk | (064) 429 000 |
| Swakopmund | Drs van der Linde & Partners | (064) 405 833 |
| Swakopmund | Mondesa Medical Practice | (064) 461 939 |
| Tsumeb | Alpha Clinic CC Tsumeb | (067) 222 012 |
| Tsumeb | Dr O'Kennedy Nel | (067) 221 530 |
| Tsumeb | Ocucare Namibia Tsumeb | (067) 227 734 |
| Tsumeb | Tsumeb Family practice | (067) 222 400 |
| Walvis Bay | Betacare Medical Centre | (064) 205 527 |
| Walvis Bay | Dolphin Medical Centre | (064) 200 800 |
| Walvis Bay | Dr Blazic | (064) 204 809 |
| Walvis Bay | Dr Georgiev | (064) 270 210 |
| Walvis Bay | Dr Sanyauke | (064) 204 705 |
| Walvis Bay | Dr van Zyl | (064) 202 912 |
| Walvis Bay | Express Health Care | (064) 205 339 |
| Walvis Bay | Narraville Medical Practice | (064)221530 |
| Walvis Bay | Hope Medical Centre | (064) 204 705 |
| Windhoek | Agora Medical Practice | (061) 309 654 |
| Windhoek | Aneni Health Services | (061) 212 696 |
| Windhoek | Betesda Medical Centre | (061) 278 900 |
| Windhoek | Central Clinic | (061) 309 636 |
| Windhoek | Central Family Practice | (061) 241 150 |
| Windhoek | City Medical Centre | (061) 222 803 |
| Windhoek | De Villiers t/a Namibia Aesthetics and General Medical Practice | (061) 402 807 |
| Windhoek | Diaz Bros Health Centre cc | (061) 239 539 |
| Windhoek | Dr Agnew | (061) 245 999 |
| Windhoek | Dr Amuntela | (061) 304 410 |
| Windhoek | Dr Chidzoba | (061) 271 200 |
| Windhoek | Dr Chinyoka | (061) 210 157 |
| Windhoek | Dr Coetzee | (061) 235 490 |
| Windhoek | Dr De Klerk | (061) 236 976 |
| Windhoek | Dr Engelbrecht | (061) 247 609 |
| Windhoek | Dr Erkana | (061) 227 173 |
| Windhoek | Dr Fawzy & Partner | (061) 272 200 |
| Windhoek | Dr Florek | (061) 254 787 |
| Windhoek | Dr Feris | (061) 234 161 |
| Windhoek | Dr Gadalla | (061) 301 316 |
| Windhoek | Dr Gawachab | (061) 229 482 |
| Windhoek | Dr Harases-Kankondi | (061) 260 660 |
| Windhoek | Dr Hoffmann | (061) 400 082 |
| Windhoek | Dr Kakumai | (060) 801 7297 |
| Windhoek | Dr Karamata | (061) 255 330 |

| City/Town | Name | Contact detail |
|-----------|--|----------------|
| Windhoek | Dr Katumwa | (061) 211 917 |
| Windhoek | Dr Le Grange | (061) 246 446 |
| Windhoek | Dr Mannschatz | (061) 231 2256 |
| Windhoek | Dr Maritz | (061) 245 729 |
| Windhoek | Dr Mbeseni | (061) 371 700 |
| Windhoek | Dr Nwagboso | (061) 272 388 |
| Windhoek | Dr Nyatondo | (061) 256 114 |
| Windhoek | Dr Ogbonna | (061) 258 916 |
| Windhoek | Dr Scriba | (061) 235 805 |
| Windhoek | Dr Shongolo | (061) 214 423 |
| Windhoek | Dr Solomon | (061) 211 097 |
| Windhoek | Dr Tembo | (061) 305 275 |
| Windhoek | Dr Troskie | (061) 224 586 |
| Windhoek | Dr Uddin | (061) 261 170 |
| Windhoek | Dr Uirab | (061) 269 971 |
| Windhoek | Dr van Zyl | (061) 236 553 |
| Windhoek | Dr Viljoen | (061) 222 253 |
| Windhoek | Dr Weber | (061) 302 888 |
| Windhoek | Dr Weder | (061) 263 315 |
| Windhoek | Dr Zimba | (061) 308 626 |
| Windhoek | DTR Uddis Medical Practitioner Swamed | (061) 258 033 |
| Windhoek | Eastgate Medical Centre | (061) 229 210 |
| Windhoek | Eastgate Town Practice | (061) 308 249 |
| Windhoek | Kaoko Medical Practice | (061) 304 349 |
| Windhoek | Khomas Medical Centre Aus Hill Consulting Room | (061) 271 350 |
| Windhoek | Khomas Medical Centre Carl List Mall | (061) 222 513 |
| Windhoek | Khomas Medical Centre - Olympia | (061) 422 000 |
| Windhoek | Khomas Medical Centre - B1 | (061) 444 800 |
| Windhoek | Khomas Medical Services | (061) 385 600 |
| Windhoek | Khomas Medical Services - Sanderson | (061) 211 138 |
| Windhoek | Macmed Medical Clinic | (061) 255 180 |
| Windhoek | Madjarov t/a Dr Angelos Practice | (061) 245 719 |
| Windhoek | Maerua Medical Centre | (061) 226 632 |
| Windhoek | Mawire t/a Kaoko Medical Practice | (061) 400 739 |
| Windhoek | Namibia Health Clinics Park | (061) 263 203 |
| Windhoek | Nesha Medical Practice | (061) 220 772 |
| Windhoek | Nusmile Dental Clinic | (061) 633 2542 |
| Windhoek | Nyathi t/a Maerua Medical Centre | (061) 305 772 |
| Windhoek | Ombili Central Clinic | (061) 308 905 |
| Windhoek | Palm Valley Medical Centre | (061) 227 893 |
| Windhoek | Paramount Healthcare Clinic | (061) 287 1125 |
| Windhoek | Prolen Medical Practice | (061) 302 013 |
| Windhoek | Wanaheda Medical Centre | (061) 210 255 |
| Windhoek | Wellcare Medical Practice - Werhill | (061) 225 110 |
| Windhoek | Wellness Medical Centre cc | (061) 261 176 |
| Windhoek | Western medical practice | 081 662 1005 |
| Windhoek | Whk Emergency Care & Trauma Ctr | (061) 239 261 |
| Windhoek | Windhoek Family Practice | (061) 229 628 |



Dental Practitioners



| City/Town | Name | Contact detail |
|---------------|--|----------------|
| Gobabis | Dr Louw | (064) 562 691 |
| Gobabis | Universal Dental Practice (Dr Madusise) | (064) 565 770 |
| Keetmanshoop | Dr Smith | (064) 226 155 |
| Mariental | Dr Roelofse | (064) 242 783 |
| Ondangwa | BT Zulu Dental Care | (065) 246 224 |
| Ondangwa | Drs Aluteni & Moloi & Zulu | (065) 273 603 |
| Ondangwa | JNS Shindongo TA Phina Dental Clinic | (065) 260 020 |
| Ongwediva | Nusmile Dental Clinic | (062) 238 845 |
| Oshakati | Dr Ndakeva | (065) 224 232 |
| Oshakati | Dr Ndilenga | (065) 222 112 |
| Oshakati | Dr Madusise | (065) 265 106 |
| Otavi /Tsumeb | Dr Dauramanzi | (067) 234 517 |
| Oranjemund | Dr E Newaka | (063) 238 032 |
| Otjiwarongo | Kathy`s Dental Surgery | (067) 304 274 |
| Otjiwarongo | Dr De Haast | (067) 303 131 |

| City/Town | Name | Contact detail |
|------------|--|----------------|
| Rehoboth | Dr Varghese | (062) 523 333 |
| Rosh Pinah | Dr Roux | (063) 274 911 |
| Swakopmund | Streit T/A Coastal Dental Clinic Swakopmund | (064) 462 202 |
| Swakopmund | Drs Van Der Linde & Partners | (064) 405 833 |
| Tsumeb | Dr Nel | (067) 221 530 |
| Tsumeb | Tsumeb Dental | (067) 222 189 |
| Walvis Bay | Dr Van Eyk | (064) 220 619 |
| Walvis Bay | Dr Da Cock | (064) 205 118 |
| Windhoek | Dr Timm | (061) 254 426 |
| Windhoek | Dr Banda | (061) 227 173 |
| Windhoek | Dr Kakumai | (081) 363 7344 |
| Windhoek | Dr Scriba | (061) 235 805 |
| Windhoek | Dr Van Zyl | (061) 221 901 |
| Windhoek | Dr Scholtz | (061) 402 414 |

Dental Therapist



| City/Town | Name | Contact detail |
|-----------|--------------------------|----------------|
| Eenhana | Eenhana Dental Therapist | (064) 240 324 |
| Lüderitz | Lafrenz dental practice | (063) 204 201 |
| Okahandja | Gee Dental Surgery | (062) 500 183 |
| Ondangwa | Smile Dental Practice | (065) 241 073 |

| City/Town | Name | Contact detail |
|-----------|----------------------------------|----------------|
| Ondangwa | Dr Nakambunda | (065) 241 444 |
| Rehoboth | Rehoboth Oral Wise Dental Studio | (081) 282 5088 |
| Rundu | Lafrenz Dental Practice | (066) 255 096 |

Healthcare provider can refer a patient to the following provider

| Name | Discipline | Contact detail |
|------------------|--------------------------------|----------------|
| Dr Fawzy & Fawzy | ENT Specialist/Ophthalmologist | (061) 272 200 |

Healthcare provider can refer a patient to the following specialists

Please note Only NAMAf tariffs are applicable.

| Discipline | Name | Contact detail | Name | Discipline | Contact detail |
|-------------------------------|---------------------|----------------|----------------------|--------------|----------------|
| Anaesthetist | Dr Polishchuk | (065) 224 008 | Ophthalmologist | Dr Joffe | (061) 372 600 |
| ENT Surgeon | Dr van Tonder | (061) 234 889 | Orthopaedic Surgeon | Dr Skinner | (061) 247 545 |
| Family Medicine | Dr Gagiano | (067) 240 276 | Physician Specialist | Dr Katjitae | (061) 243 045 |
| Family Medicine | Dr Ikeakanam | (061) 241 290 | Paediatrician | Dr Aziz | (061) 214 518 |
| Gynaecologist \ Obstetrician | Dr Hailemariam | (061) 304 633 | Paediatrician | Dr Daniels | (061) 301 802 |
| Gynaecologist \ Obstetrician | Dr Keiseb | (061) 249 663 | Paediatrician | Dr Mtombeni | (065) 240 111 |
| Gynaecologist \ Obstetrician | Dr Muti | (065) 220 125 | Surgeon | Dr AAMunyika | (065) 241 113 |
| Maxillo Facial & Oral Surgeon | Dr Mÿburgh | (061) 309 980 | Surgeon | Dr Jagiello | (061) 254 787 |
| Ophthalmologist | Dr Petrick & Brandt | (061) 226 736 | Surgeon | Dr Ogbonna | (061) 249 713 |
| Ophthalmologist | Dr Cronje | (064) 402 923 | Surgeon | Dr Saad | (061) 385 642 |
| | | | Surgeon | Dr Smith | (064) 270 200 |

Please note Patients can go to ANY of the optometrists in Namibia.
Accounts from Pathologist and Radiologists can be paid according to the codes.
Patients can get HIV medication at any pharmacy.
Scripts of N\$ 205.00 can be obtained from any pharmacy.