

Exercise Challenge



**NHP Back to Basics
Wellness Challenge**



Month 3

Exercise challenge starts 8 April to 28 April 2019

Registration opens 27 March 2019

Stand a chance to be one of 3 lucky winners to win a hamper to the value of N\$ 1000.00. Take part in 6 or more challenges during the year and stand a chance to **win a laptop!**

Visit our website to sign up online at <http://www.nhp.com.na/competitions/>



nhpTM
We're about you